



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 13th of January to Sunday, 19th of January 2020

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock  
Outdoor pool - from 08.00 to 09.00 o'clock  
from 15.00 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock  
*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 13.00 to 19.00 o'clock  
In case of bad weather already from 11.00 o'clock  
Monday & Thursday - Sauna just for Ladies from 11.00 to 13.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C  
Brine grotto - ca. 55°C  
Finnish sauna - ca. 82°C  
Laconium - ca. 38°C to 40°C  
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 09.00 o'clock  
from 15.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C  
Bio-Sauna - app. 55°C  
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



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Das Karwendel

Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)



## Event Programm

### Monday, 13th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 10.00 heures - Visite guidée dans notre jardin vital
- 11.00 o'clock - Ladies Sauna infusion in the basement (until 01.00 pm)
- 15.00 o'clock - **Delicacies market at our hotel bar with regional specialties from local producers to taste (till 17.00 o'clock)**
- 16.00 o'clock - Sauna infusion "Relaxation" in the sky spa of the 3rd floor (SkySpa)
- 17.00 o'clock - Sauna infusion "Africa" in our sauna on the 3rd floor (SkySpa)
- 20.30 o'clock - Dancing evening at the hotel bar with "Pepi"

### Tuesday, 14th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Snow shoe hiking tour
- 16.00 o'clock - Sauna infusion "Singing bowls" in the sky event sauna
- 17.00 o'clock - Sauna infusion "Ich war noch niemals in New York" in the sky event sauna
- 21.00 o'clock - **Wine degustation with Magdalena Rieser**  
Euro 20,00 per person - Registration necessary till Tuesday, 09.00 o'clock at the reception.

### Wednesday, 15th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Guided hiking tour to Rodelhütte
- 15.00 o'clock - **Makeup advices from our cosmetician Melanie in the Vitalgarten**  
Registration necessary - max. number of participants: 6 people
- 16.00 o'clock - Sauna infusion "Hot & Cold" in our sauna on the 3rd floor
- 17.00 o'clock - Sauna infusion "Sissi" in our sauna on the 3rd floor
- 18.30 o'clock - **Anniversary Gala evening "Black & White in the 60s"**  
Family Rieser invites you to an aperitif at the bar with finger food and flying service. Afterwards Gala-Dinner in the restaurant.
- about 22.00 o'clock - Surprise show at the hotel terrace** - you will be thrilled (approx. 20 min - don't forget your jacket)

### Thursday, 16th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 09.45 o'clock - Guided hiking tour to Gramaialm (1.267m)
- 11.00 o'clock - Ladies sauna infusion in the basement of the spa (until 01.00 pm)
- 16.00 o'clock - Sauna infusion "Relaxation" in the event sauna
- 17.00 o'clock - Sauna infusion "Indian Spirit" in the event sauna
- 18.00 o'clock - Kitchen party with visit of our hotel kitchen (until 06.30 pm)
- 20.30 o'clock - Dancing evening at the hotelbar with "Costa"

### Friday, 17th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Snow shoe hiking tour
- 16.15 o'clock - Peeling in the grotto of the basement
- 17.00 o'clock - Sauna infusion "ABBA" in our sauna on the 3rd floor
- 18.30 o'clock - **HOTEL CELEBRATION DAY** - with Gala Dinner  
Family Rieser invites you to an aperitif at the bar and afterwards to a 7-course gala dinner with the motto: A stroll through the last 6 decades, with original acoustic Tyrolean music "urig & echt"

### Saturday, 18th of January 2020

- 08.00 o'clock - Water gymnastics in the basement of the spa (ca. 25 minutes)
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 16.00 o'clock - Sauna infusion in our sauna on the 3rd floor (SkySpa)
- 17.00 o'clock - Sauna infusion "1001 nights" in our sauna on the 3rd floor (SkySpa)
- 20.30 o'clock - Dancing evening at the hotelbar with "DJ Ernesto"

### Sunday, 19th of January

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 16.00 o'clock - Sauna infusion in our sauna on the 3rd floor
- 17.00 o'clock - Sauna infusion "Power of Love" in our sauna on the 3rd floor
- 21.00 o'clock - Casino evening with Black Jack and roulette at the hotel bar

Picture credits: Österreich Werbung, photocase.de; Meteorological data © ZAMG

## Snow shoe hiking tour

We hike along with our snow shoes to the winter valley.

**Durration footpath:** app. 2 hours  
**Durration total:** app. 3 hours  
**Rental charge:** Euro 7,00 per person  
Registration till 9.00 o'clock.



## Hiking tour to 'Rodelhütte'

We hike to the station of the cable car and then along to the "Rodelhütte". When we arrive the "Rodelhütte", we go back to the hotel on the "Rodelway".

**Duration:** 2,5 hours  
**Difference in altitude:** 200 m



## Hiking tour to the Gramai-cottage

We take the coach direction Falhtzurh shack. Afterwards we make a march of about 2 hour to the gramai. After a snack we take the whole way back by foot to the hotel. Please register until Wednesday 06.00 pm at the reception.

**Meeting point** at the hotel lobby  
**Duration** 5 hours



## Special sauna infusions

Every day we offer special sauna infusions in our sky-eventsauna in the third floor.  
Duration: about 15 minutes

**"Siniging bowl", "Africa", "1.001 nights", "Relaxation", "Power of love", "Indian Spirit" and other ones.**



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