



WELCOME INTO WELLNESSHOTEL KARWENDEL

ALL AT ONE GLANCE

FROM MONDAY, 11TH OF JUNE 2018 TO SUNDAY, 17TH OF JUNE 2018

TELEPHONE

Reception - No. 9
Vital garden - No. 40
Bar - No. 65

THE VITAL GARDEN - OUR BEAUTY AND SPA AREA

Monday to Sunday - from 08.00 to 19.00 o'clock

MEALTIMES

Breakfast - from 08.00 to 10.30 o'clock
Afternoon snack - from 13.30 to 16.00 o'clock
Dinner - from 18.30 to 21.00 o'clock
Fridays we have our gala dinner:
The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.

SWIMMING POOL FOR FAMILIES

Indoor pool - from 07.30 to 19.30 o'clock
Outdoor pool - from 08.00 to 18.30 o'clock

FITNESS STUDIO

Every day - from 07.30 to 21.00 o'clock
Children younger than 15 years are allowed to enter this room only in the company of an adult.

SAUNA ONLY FROM 15 YEARS

Every day - from 13.00 to 19.00 o'clock
In case of bad weather already from 11.00 o'clock
Monday & Thursday - Sauna just for Ladies from 11.00 to 13.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C
Brine grotto - ca. 55°C
Finnish sauna - ca. 82°C
Laconium - ca. 38°C to 40°C
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

SKYSPA (ONLY FROM 16 YEARS)

Skypool - from 08.00 to 18.30 o'clock
Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna is a nude area.

Eventsauna - app. 82°C
Bio-Sauna - app. 55°C
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



ALPINE WELLNESSHOTEL KARWENDEL
FAMILIE STEFFI UND SEPP RIESER
KARWENDELSTRASSE 1 - 6213 PERTISAU
WWW.KARWENDEL-ACHENSEE.COM



EVENT PROGRAMM

MONDAY, 11TH OF JUNE 2018

- 10.00 o'clock - Welcoming in our vital garden (till 10.30 o'clock)
- 11.00 o'clock - Ladies Sauna infusion in the basement (until 01.00 pm)
- 20.30 o'clock - Dancing evening at the hotel bar with "Pepi"

TUESDAY, 12TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Hiking tour to the Gramaialm
- 16.00 o'clock - Sauna infusion in our sauna on the 3rd floor (SkySpa)
- 17.00 o'clock - Sauna infusion "1001 nights" in our sauna on the 3rd floor (SkySpa)
- 20.30 o'clock - Dancing evening at the hotel bar with "Duo Sunnyboys"

WEDNESDAY, 13TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Guided bike tour with Christine
- 15.30 o'clock - Peeling in the grotto of the basement
- 16.00 o'clock - Sauna infusion in our sauna on the 3rd floor
- 17.00 o'clock - Sauna infusion "Ich war noch niemals in New York" in our sauna on the 3rd floor
- 21.00 o'clock - Wine degustation (Euro 20,00 per person)

THURSDAY, 14TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 09.50 o'clock - Guided hiking tour to the Dalfaz alp
- 11.00 o'clock - Ladies sauna in the basement of the spa (until 01.00 pm)
- 16.00 o'clock - Sauna infusion "Hot and Cold" in the event sauna
- 17.00 o'clock - Sauna infusion "ABBA" in the event sauna
- 18.00 o'clock - Kitchen party with visit of our hotel kitchen (until 06.30 pm)
- 20.30 o'clock - Dancing evening at the hotelbar with "Costa"

FRIDAY, 15TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock)
- 10.00 o'clock - Guided hiking tour along the Seebergsteig
- 16.00 o'clock - Singing bowl infusion in the sky event sauna
- 17.00 o'clock - Sauna infusion "Sister Act" in our event sauna
- 18.30 o'clock - **HOTEL CELEBRATION DAY - with Gala Dinner**
Family Rieser invites you to an aperitif at the bar and afterwards to the 7 course gala dinner

SATURDAY, 16TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.40 o'clock)
- 15.30 o'clock - Peeling in the grotto of the basement
- 16.00 o'clock - Sauna infusion in our sauna on the 3rd floor (SkySpa)
- 17.00 o'clock - Sauna infusion "Sissi" in our sauna on the 3rd floor (SkySpa)
- 20.30 o'clock - Dancing evening at the bar with "DJ Ernesto"

SUNDAY, 17TH OF JUNE 2018

- 08.00 o'clock - Water gymnastics in the basement of the spa
- 16.00 o'clock - Relaxing sauna infusion in the Sky-spa on the 3rd floor
- 17.00 o'clock - Sauna infusion "Power of Love" in the Sky-spa on the 3rd floor
- 21.00 o'clock - Black Jack evening at the bar of the hotel

HIKING INFO-POINT

From Tuesday until Saturday you gain wonderful recommendation concerning hiking and bike tours in the Achensee region. Our hiking guide Christine advises you from 09.00 am until 09.30 am at our info point in the hotel lobby



HIKING TOUR TO THE GRAMAIALM COTTAGE

A nice hiking tour through meadows and woods. At the cottage you can have a small break and have a snack. If you wish, you can take also the nostalgia bus to get to the destination. Difference of altitude of about 300 m - Duration of about 5 to 6 hours - Walking time of about 2½ hours (1 way).



THREE-VALLEY GUIDED BIKE TOUR

We go by bike to the Tristenau valley, the Falzthurn valley and to the Gern valley. We will drive about 17 km and overcome 250 heights with a slight ascent. The bikes will be provided from the hotel.



HIKING TOUR TO THE DALFAZ ALP

We go by bus to Maurach and then we go up by the Rofan Gondola to the 'Erfurterhütte', charge Euro 18,00 for the cable car per person. After that we go on a mountain way approx. 1 hour to the 'Dalfazalm'.

