#### Friday: Cool action in the torrent

An exciting new way to experience the power and beauty of water! Swim, jump and hike through the most beautiful gorges of the Achensee holiday region. Let yourself be carried away into a world of turquoise pools, swirling vortices and waves. Immerse yourself in crystal clear water and enjoy the breathtaking beauty of nature from a completely different perspective!

Participation requirements: Good swimming skills and appropriate fitness level for a hike of moderate difficulty are required today! The safety of our participants is our utmost priority! Therefore, we reserve the right to postpone or cancel tours or to choose alternative tours in case of high water or other dangerous weather conditions.

- Meeting point: 10.30 Information office Achenkirch.
- Return to the starting point: approx. 13.30.
- Cost: EUR 40.00 incl. equipment and wetsuit.
- Please bring swimwear.



## Where can I register

Registration is required. Register no later than 17.00 on the day before online at **www.achensee.com/en/achensee-experiences** or by phone at the local information offices at +43 (0) 595300-0. **Max. number of participants: 8 persons!** 





Scan the QR code with your smartphone and book Achensee Youth Programme online!



# Who can participate

All youngsters between 10 and 16 years holidaying in the Achensee region are welcome to join. For our children from 4 to 11 years we have organized the children's programme. For more information please refer to the children's programme folder.

#### Where do I pay

Participation fees are payable upon registration at the information offices or online at **www.achensee.com/en/achensee-experiences**. The confirmation of payment must be handed over to the supervisor/guide.

Cancellations can be made until one week prior to the date of the programme. Refunds due to injury or illness only on presentation of a medical certificate!

### What else is important

If the weather is extremely bad or if there are not enough participants (min. 2 persons), we reserve the right to cancel the programme at short notice. The organizer accepts no liability for accidents of any kind!





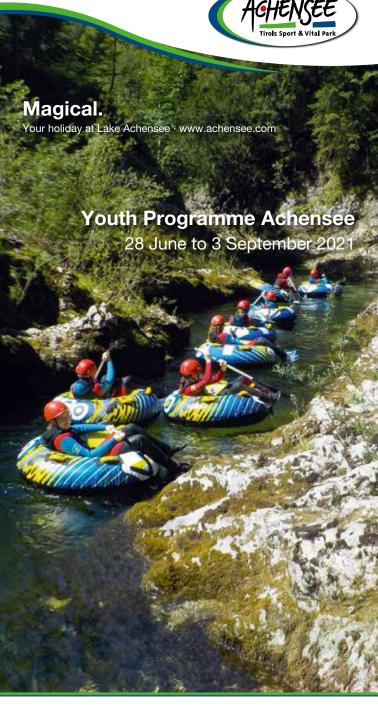






Achenkirch ≈ Maurach ≈ Pertisau ≈ Steinberg ≈ Wiesing

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Longing for parent-free, sheer action-packed fun? Then come and take part in our youth programme. There's an abundance of activities in the Achensee region. We look forward to sharing some exciting days with you.



### Monday: Segway Tour

Today we are off into the countryside on so-called "Segways". These two-wheeled vehicles are at the same time trendy, ingenious and environmentally-friendly, and can be steered in any direction simply by transferring your weight. There's no point in looking for an accelerator or brake, they are simply not needed. **Minimum age 12 years!** 

- Meeting point: 9.45 Information office Pertisau.
- Return to the starting point: approx. 11.45.
- Cost: EUR 35.00 incl. equipment.
- Please bring your own lunch.



### Monday: Canoeing at Lake Achensee

Paddle along the western shore of Lake Achensee in a canoe. Enjoy the fresh wind and discover hidden places. Learn to control your balance on the water or jump into the cool water in between. Besides the action, there will also be time to chill out. No neoprene suits - please wear weather-appropriate clothing!

- Meeting point: 12.30 Information office Pertisau.
- Return to the starting point: approx. 17.00.
- Cost: EUR 25.00 incl. equipment.
- Please bring swimwear.

### **Tuesday: Rock climbing adventure**



Put on your safety harness and off you go! Try secured rock climbing at the newly built crag Achenseehof. Clamber up the 18-metre high wall and enjoy the fantastic view of Lake Achensee. Of course, the guides will provide tips and tricks for climbing.

- Meeting point: 10.00 Crag Achenseehof, Achenkirch.
- Return to the starting point: approx. 14.00.
- Cost: EUR 35.00 incl. equipment.
- Please bring rain gear and a warm jacket.
- Please bring your own lunch.

# Wednesday: SUP - Standup paddling



Equipped with board and paddle we set out on the water and start our first exercises! Starting, heading off, paddling techniques, and very quickly we have covered the first few metres. Standup paddle boarding is both relaxing and a full-body workout. Those who manage to keep their balance will not end up in the water! **Good swimming skills are required!** 

- Meeting point: 10.30 Water sports centre Achensee, Buchau.
- Return to the starting point: approx. 12.30.
- Cost: EUR 25.00 incl. equipment and wetsuit.
- Please bring swimwear.
- Please bring your own lunch.

#### Wednesday: Wild West at Lake Achensee

Do you fancy a cool riding adventure on American Quarter Horses? Horse lovers can expect a day full of exciting activities ranging from the first contact with the horses to guided trail rides in the great outdoors. Helmets and vests will be provided for your safety. Advanced riders can book country hacks directly at the riding stable.

- Meeting point: 14.00 Reitstall Achensee, Pertisau.
- Return to the starting point: approx. 16.00.
- Cost: EUR 39.00 incl. equipment.



### **Thursday: Tubing**

We ride down the river on tubes and take a break in a bay to jump into plunge pools. Who can negotiate the rapids without overturning? Who dares to jump from the rock into the deep pools? Equipped with wetsuits, helmets and life jackets, you will be ready to face any challenge! **Minimum age 12 years!** 

Participation requirements: Good swimming skills and appropriate fitness level for a hike of moderate difficulty are required today! The safety of our participants is our utmost priority! Therefore, we reserve the right to postpone or cancel tours or to choose alternative tours in case of high water or other dangerous weather conditions.

- Meeting point: 10.00 Information office Achenkirch.
- Return to the starting point: approx. 13.00.
- Cost: EUR 40.00 incl. equipment and wetsuit.
- Please bring swimwear and sports shoes that may get wet.
- Please bring a second pair of shoes.

