### DAS KARWENDEL

Ihr Wellness Zuhause am Achensee

### All at one glance

#### Telephone

Reception - No. 9 Vital garden - No. 40 Bar - No. 65

The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### **Mealtimes**

Breakfast - from 08.00 to 10.30 o'clock Afternoon snack - from 13.30 to 16.00 o'clock

**Dinner -** from 18.30 to 21.00 o'clock Fridays we have our gala dinner:

The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock **Outdoor pool -** from 08.00 to 18.30 o'clock

#### **Fitness studio**

Every day - from 07.30 to 21.00 o'clock Children younger than 15 years are allowed to enter this room only in the company of an adult.

Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C Brine grotto - ca. 55°C Finnish sauna - ca. 82°C Laconium - ca. 38°C to 40°C Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C Bio-Sauna - app. 55°C Infrared cabin - app. 39°C

For any guestions just contact our stuff of the vitalgarden (No. 40)



Das Karwendel Familie Steffi und Sepp Rieser Karwendelstraße 1 - 6213 Pertisau www.karwendel-achensee.com





# Welcome



#### from Monday, 6th of July to Sunday, 12th of July 2020

#### Monday, 6th of July 2020

08.00 o clock - Water gymnastics in the basement of the spa 10.00 o clock - Welcoming in our vital garden 20.30 o clock - Dance evening at the hotel bar with "Pepi"

#### Tuesday, 7th of July 2020

08.00 o'clock - Water gymnastics in the basement of the spa

#### Wednesday, 8th of 2020

08.00 o'clock - Water gymnastics in the basement of the spa 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock) **09.50 o'clock** - Hiking tour to the Dalfaz cascade with a boat trip 21.00 o<sup>-</sup> clock - Wine degustation with Magdalena Rieser (Euro 25,00 per person)

#### Thursday, 9th of July 2020

08.00 o'clock - Water gymnastics in the basement of the spa 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock) 10.00 o'clock - Bike & Relax 20.30 o'clock - Dancing evening at the hotel bar with "Costa"

#### Friday, 10th of July 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa 09.00 o'clock - Hiking info point at the hotel reception (possible until 09.30 o'clock) 10.00 o'clock - Our hiking day - To the Weißenbach anticline and to shacks 18.30 o'clock - HOTEL CELEBRATION DAY - with Gala Dinner Family Rieser invites you to an aperitif at the bar and afterwards to the 7 course gala dinner

#### Saturday, 11th of July 2020

08.00 o'clock - Water gymnastics in the basement of the spa (ca. 25 minutes) **09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock) 10.00 o clock - Herbal hiking tour 20.30 o'clock - Dancing evening at the hotel bar with "DJ Ernesto"

#### Sunday, 12th of July 2020

08.00 o'clock - Water gymnastics in the basement of the spa

### Dalfaz cascade with a boat trip

We take the bus to Seespitz (Maurach) and walk along the lake to Buchau. Then we hike up to the waterfall of Buchau and after to the biggest waterfall in the region, the Dalfazer cascade. After a little break we walk back to the lake side and have a snack at the Cafe "Seeblick". We take the boat back to the hotel.

Duration: 4 hours | Walking time: 2 1/2 hours | Altitude difference: 150 m | Price for the boat trip: Euro 6,00 | Don't forget your guest card!

### **Bike & Relax**

Ride in to the Tristenau, ride out to the valleys of Karwendel and to stop for a bite to eat. It's a varied bike tour.

Duration: about 4 hours Length: 30 km

Normal bikes (Mountainbikes/Citybikes) are for free. Only our E-bike are for a fee - half day: Euro 23,00/whole day: Euro 28,00 per bike. We beg for a reservation on the reception the day before.

## Our hiking day - To the Weißenbach anticline and to the shack

We take the cable car to the Zwölferkopf. There we have a wonderful view over the lake and the surrounding mountains. We hike first to the Bärenbadalm and after through a wood to the "Weißenbachalm" (1.700 m). At the shack we have a snack and then we walk down to Seespitz (Maurach). There we take the bus back to the Hotel. **Duration:** 5 hours | **Walking time:** 3 1/2 hours | **Don't** forget your guest card!

### Herbal hiking tour

It's a cosy hiking tour through meadows and woods Your trainer shows as the herbs and plants of your region and explain you the impact on your health.

Duration: 2 - 3 hours

Das Karwendel | Karwendelstrasse 1, 6213 Pertisau | www.karwendel-achensee.com







