



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 10th to Sunday, 16th of August 2020

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock  
Outdoor pool - from 08.00 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock  
*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C  
Brine grotto - ca. 55°C  
Finnish sauna - ca. 82°C  
Laconium - ca. 38°C to 40°C  
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C  
Bio-Sauna - app. 55°C  
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)



## Event Programm

### Monday, 10th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**10.00 o'clock** - Welcoming in our vital garden  
**20.30 o'clock** - Dance evening at the hotel bar with "Pepi"

### Tuesday, 11th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Guided bike tour along lake "Achensee"  
**app.19.30 o'clock** - Music in the restaurant and after at the hotelbar till 10.00 pm by "Old Flegl"

### Wednesday, 12th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Hiking tour to the shack of Astenau and Buchauer shack to Maurach  
**21.00 o'clock** - Wine degustation with Magdalena Rieser (Euro 25,00 per person)

### Thursday, 13th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Hiking along Lake Achensee to "Ebnerblick" and "Marienstollen"  
**20.30 o'clock** - Dancing evening at the hotel bar with "Costa"

### Friday, 14th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Hiking tour to the shack of Gramai  
**18.30 o'clock** - **HOTEL CELEBRATION DAY - with Gala Dinner**  
Family Rieser invites you to an aperitif at the bar and afterwards to the 7 course gala dinner

### Saturday, 15th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa (ca. 25 minutes)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Introduction into Stand-up-paddeling  
**20.30 o'clock** - Dancing evening at the hotel bar with "DJ Ernesto"

### Sunday, 16th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa  
**09.00 o'clock** - Hiking info point in the lobby (until 9.30 o'clock)

## Guided bike tour along the lake

We ride by bike along the lake "Achen" and pass the villages Maurach and Achenkirch. It's a wonderful ride.

**Duration:** 2 - 3 hours



## Guided hiking tour to Astenaualm (1.482m)

We take the Regiobus to Maurach and from there we go up on a wonderful path to "Astenaualm". At the cabin, we have a breathtaking view over different vallies (Inntal, Alpbachtal, Zillertal) and also get a little snack. We go the same way back or pass the Buchauer Alm.

**Registration till 09.00 o'clock necessary!**

**Meeting point:** Lobby **Duration:** app. 4-5 hours  
**Don't forget your guest card for the bus!**



## Hiking to the "Marienstollen"

The highlight of this tour is the incredible panoramic view. Through a trail in the woods we reach the viewpoint called "Ebner Blick" with a beautiful view on the lake. Afterwards we continue our hike to "Marienstollen", where the view is even more beautiful.

**Altitude difference:** 300m

**Duration:** app. 3 hours



## Hiking tour to Gramaialm (1.267m)

A very nice hiking tour through forest and meadows. We take the transfer to the Gramai shack. Afterwards we hike through a forest to the waterfall. After a little break we take the bus back to the hotel.

**Duration:** 3 hours | **Length:** 14 km |

**Don't forget your guest card!**



## Stand Up Paddeling

Our vital trainer will show you how it works. The technique is very simple. Furthermore the paddeling is a funny workout for the whole body. We will take the boat back to Pertisau.

**Duration:** app. 2 hours | **Rental fee:** Euro 12,00 per hour/board  
| **max. 6 people** - **Registration till 09.00 o'clock necessary!**  
**Don't forget your guest card!**

