



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 14th of September to Sunday, 20th of September 2020

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock  
Outdoor pool - from 08.00 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock  
*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C  
Brine grotto - ca. 55°C  
Finnish sauna - ca. 82°C  
Laconium - ca. 38°C to 40°C  
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C  
Bio-Sauna - app. 55°C  
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)





## Event Programm

### Monday, 14th of August 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

**10.00 o'clock** - Welcoming in our vital garden

**20.30 o'clock** - Dance evening at the hotel bar with "Pepi"

### Tuesday, 15th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

**14.00 o'clock** - Make up hints (in German) in our Vitalgarten (only for 3 people to register)

**app.19.30 o'clock** - Music in the restaurant and after at the hotelbar till 10.00 pm

### Wednesday, 16th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)

**09.50 o'clock** - Guided hiking tour to the lake and Ebnerblick

**13.50 o'clock** - Schnaps degustation (as far as not included in the package Euro 8,00 per person)

**21.00 o'clock** - Wine degustation with Magdalena Rieser (Euro 25,00 per person)

### Thursday, 17th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)

**09.50 o'clock** - Hiking tour to "Gramai shack"

**18.30 o'clock** - **HOTEL CELEBRATION DAY - with Gala Dinner**

Family Rieser invites you to an aperitif at the bar and afterwards to the 7 course gala dinner

**20.30 o'clock** - Dancing evening at the hotel bar with "Costa"

### Friday, 18th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)

**Ceremonial driving down of cattle from the mountain pastures into the valley**

from 13.00 o'clock the cattle will arrive in front of the terrace

### Saturday, 19th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa (ca. 25 minutes)

**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)

**09.50 o'clock** - Guided biking tour

**20.30 o'clock** - Dancing evening at the hotel bar with "DJ Ernesto"

### Sunday, 20th of September 2020

**08.00 o'clock** - Water gymnastics in the basement of the spa

## Make-up hints in our Vitalgarten

Our beautician Melanie will give you helpful hints for wonderful make up.

Please register until 10.00 am at the hotel reception



## Hiking to the "Marienstollen"

The highlight of this tour is the incredible panoramic view. Through a trail in the woods we reach the viewpoint called "Ebner Blick" with a beautiful view on the lake. Afterwards we continue our hike to "Marienstollen", where the view is even more beautiful.

**Altitude difference: 300m**

**Duration: app. 3 hours**



## Guided hiking tour to Gramaialm

We take a coach to the Falzthurn. From there we go on the winter hiking path in about 1 hour to the Gramaialm. At the shack we make a little break and then we hike back to the hotel.

**Registration till 18.00 o'clock on the previous day necessary!**

**Meeting point:** Lobby **Duration:** app. 5 hours



## Ceremonial driving down of cattle from the mountains into the valley

On Friday the summer ends for our "ladies". Family Rieser brings back the festively decorated animals in the stable.

Between 1:00 pm and 1:30 pm, the cows arrive on the meadow behind our house.

We politely inform you that this Friday there is no afternoon snack. The day before you'll receive a voucher for coffee and cake which you can redeem on our terrace



## Bike and Relax

Ride in to the Tristenau, ride out to the valleys of Karwendel and to stop for a bite to eat. It's a varied bike tour.

**Duration:** 3 1/2 hours

*Normal bikes (Mountainbikes/Citybikes) are for free. Only our E-bike are for a fee - half day: Euro 23,00/whole day: Euro 28,00 per bike. We beg for a reservation on the reception the day before.*

