



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 26th of July to Sunday, 01st of August 2021

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock  
Outdoor pool - from 08.00 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock  
*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C  
Brine grotto - ca. 55°C  
Finnish sauna - ca. 82°C  
Laconium - ca. 38°C to 40°C  
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C  
Bio-Sauna - app. 55°C  
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



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Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)





## Event Programm

### Monday, 26th of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**11.00 o'clock** - Ladie's sauna in the basement until 1pm  
**20.30 o'clock** - Dancing evening at the hotel bar with "Pepi" (artist is tested to COVID)

### Tuesday, 27th of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**19.30 o'clock** - musical entertainment for dinner (artists are tested to COVID)

### Wednesday, 28th of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Hiking tour to the waterfalls of Dalfaz  
**21.00 o'clock** - Wine tasting with winesommelière Magdalena Rieser (Euro 25,- per Person)  
Application until Wednesday, 10.00 o'clock at the reception required

### Thursday, 29th of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the lobby (possible until 09.30 o'clock)  
**10.00 o'clock** - Hiking tour to the Gramai-Hochleger (1.733m)  
**11.00 o'clock** - Ladie's sauna in the basement (till 1pm)  
**20.30 o'clock** - Dance evening at the hotelbar with "Costa" (artist is tested to COVID)

### Friday, 30th of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Guided hiking tour to Überschussalm  
**18.30 o'clock** - **HOUSE-CELEBRATION-DAY - Gala Dinner**  
Family Rieser invites you to the aperitif at the bar and afterwards to a 7-course-galadinner

### Saturday, 31st of July 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Stand-up paddling  
**20.30 o'clock** - Dance evening at the bar with "DJ Ernesto" (artist is tested to COVID)

### Sunday, 01st of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**21.00 o'clock** - Black Jack and Roulette evening at the bar

## Guided hiking tour to Dalfazalm (1.690m)

We take the bus to Maurach adn then we go up a small path to the cascade of Dalfaz. Afterwards, we hike along a path through the wood directly to Maurach and drive back with the bus.

**Registration till 09.00 o'clock necessary!**  
**Meeting point: Lobby Duration: app. 3 hours Altitude difference: 200m**  
**Don't forget your guest card for the bus!**



## Guided hiking tour to Gramai-Hochleger (1.733m)

We take the bus to Gramaialm and from there we go in about 1,5 hours up to the Hochleger (1.733m). At the shack we enjoy a delicious meal with a stunnig view over the surrounding mountains. Then we take the bus back.

**Duration:** app. 5 hours | **Altitude difference:** 500-750 hm



## Guided hiking tour to the Überschüssalm

Quiet hike to the high alpine pasture of the Schleimsattel at the foot of the Mondscheinspitze. Situated in the Gerntal on a hill, we expect over some hairpin bends of a wide and partly steep forest road an exceptionally beautiful alpine floor with several alpine pastures.

**Duration: 4 hours | Height: 500 m**



## Stand-up Paddling

Our vital trainer will show you how it works. The tecnique is very simple. Furthermore the paddeling is a funny workout for the whole body. We will take the city bikes from the hotel and back to Pertisau. Duration: app. 3 hours | Rental fee: Euro 12,00 per hour/board | max. 6 people - Registration till 09.00 o'clock necessary! Don't forget your guest card!

