



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Willkommen im Wellnesshotel Karwendel

## All at one glance

from Monday, 2nd of August to Sunday, 8th of August 2021

### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink at the hotel bar. Please be in time at 18.30 o'clock at the bar. Afterwards, the evening will continue with an exquisite 7-course-gala-dinner.*

### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock  
Outdoor pool - from 08.00 to 18.30 o'clock

### Fitness studio

Every day - from 07.30 to 21.00 o'clock  
*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

### Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C  
Brine grotto - ca. 55°C  
Finnish sauna - ca. 82°C  
Laconium - ca. 38°C to 40°C  
Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 19.30 o'clock

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textil zones.

Eventsauna - app. 82°C  
Bio-Sauna - app. 55°C  
Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)



## Event Programm

### Monday, 02nd of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**11.00 o'clock** - Ladie's sauna in the basement until 1pm

### Tuesday, 02nd of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Hiking tour along the path of concience towards the Rodelhütte

### Wednesday, 04th of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**09.50 o'clock** - Boat trip followed by a hiking tour to the Köglalm  
**21.00 o'clock** - Wine tasting with winesommelière Magdalena Rieser (Euro 25,- per Person)  
Application until Wednesday, 10.00 o'clock at the reception required

### Thursday, 05th of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the lobby (possible until 09.30 o'clock)  
**10.00 o'clock** - Approach to the Falzturnalm followed by a hiking tour to the Gramai Alm (1.267m)  
**11.00 o'clock** - Ladie's sauna in the basement (till 1pm)  
**18.00 o'clock** - Today Mrs Rieser celebrate her 60 birthday. We kindly ask you to come at 18.00 o'clock for dinner. We will invite you for a glass of Prosecco.

### Friday, 06th of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Busride with the RegioBus to Maurach followed by a hiking tour to the Buchauer Alm and the Astenau Alm  
**18.30 o'clock** - **HOUSE-CELEBRATION-DAY - Gala Dinner**  
Family Rieser invites you to the aperitif at the bar and afterwards to a 7-course-galadinner

### Saturday, 07th of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**09.00 o'clock** - Hiking info point at the hotel reception (possible until 09.30 o'clock)  
**10.00 o'clock** - Stand-up paddling  
**20.30 o'clock** - Dance evening at the bar with "DJ Ernesto" (artist is tested to COVID)

### Sunday, 08th of August 2021

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 25. min)  
**21.00 o'clock** - Black Jack and Roulette evening at the bar

## Guided hiking tour along the path of reflection

We hike along the lake and then we go along the path of reflection. At the top of the path we have a view over Pertisau. For the way back we take the "Rodelpath".

**Registration till 09.00 o'clock necessary!**

**Meeting point:** Lobby **Duration:** app. 2 hours **Altitude difference:** 200m



## Hiking tour to Kögl shack

We take the boat to Achenkirch and hike then on a forest path to the Kögel shack. On the top we have a wonderful view of the lake "Achensee" and over the mountains. After a break we go back to the landing place of the boat and take the boat back to the hotel.

**Duration:** 5 1/2 hours

**Altitude difference:** 500 m

**Price for the boat trip:** Euro 22,00



## Hiking tour to Gramaialm (1.275m)

A very nice hiking tour through forest and meadows. We take the tbus to the entrance of the Karwendel Valleys.. Afterwards we hike through to the Gramai shack and back to the hotel.

**Duration:** 5 hours | **Length:** 14 km |

**Don't forget your guest card!**



## Guided hiking tour to the Buchaueralm and to the Astenaualm (1.482m)

We take the Regiobus to Maurach and from there we go up on a wonderful path to the "Buchaueralm" and to the "Astenaualm". After a snack we go back to Maurach.

**Registration till 09.00 o'clock necessary!**

**Meeting point:** Lobby **Duration:** app. 4-5 hours **Height:** 520 m

**Don't forget your guest card for the bus!**



## Stand-up Paddling

Our vital trainer will show you how it works. The technique is very simple. We will take the city bikes from the hotel and back to Pertisau.

**Duration:** app. 3 hours | **Rental fee:** Euro 12,00 per hour/board | **max.** 6 people - **Registration** till 09.00 o'clock

necessary! Don't forget your guest card!

