



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 20th of June to Sunday, 26th of June 2022

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock

Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink. Please be in time at 18.30 o'clock. Afterwards, you gain an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock

Outdoor pool - from 08.00 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock

*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 13.00 to 19.00 o'clock

If the weather is bad from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C

Brine grotto - ca. 55°C

Finnish sauna - ca. 82°C

Laconium - ca. 38°C to 40°C

Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 13.00 o'clock (textile zone)  
from 13.00 - 18.30 o'clock (textile-free)

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textile zones.

Eventsauna - app. 82°C

Bio-Sauna - app. 55°C

Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)





# Event Programm

## Monday, 20th of June 2022

**08.00 o'clock** - Water gymnastics in the basement (approx. 20 min.)  
**11.00 o'clock** - Ladies' sauna in the basement (until 13.00)  
**20.30 o'clock** - Dancing evening at the hotel bar with "Pepi"

## Tuesday, 21st of June 2022

**08.00 o'clock** - Water gymnastics in the basement (approx. 20 min.)  
**09.00 o'clock** - Hiking info point in the hotel lobby (approx. until 09.30 o'clock)  
**10.00 o'clock** - Hiking tour to the Kögl-shack  
**14.00 - 15.00 o'clock** - Golf introductory course at the Golf Club in Pertisau (Registration until Tuesday 10.00 a.m. at the reception)  
**15.30 o'clock** - Infusion in the event sauna in the Sky Spa  
**16.30 o'clock** - Relaxing infusion in the BIO-Sauna in the Sky Spa  
**17.30 o'clock** - Infusion in the event sauna in the Sky Spa  
**19.30 o'clock** - Vocals and sound without amplifiers for dinner with a finale at the hotel bar

## Wednesday, 22nd of June 2022

**08.00 o'clock** - Water gymnastics in the basement (approx. 20 min.)  
**09.00 o'clock** - Hiking info point in the hotel lobby (until approx. 09.30 o'clock)  
**10.00 o'clock** - Hiking tour from the Feilkopf  
**21.00 o'clock** - Wine tasting with Dipl. Sommelière Magdalena (Euro 28,00 per person)

## Thursday, 23rd of June 2022

**08.00 o'clock** - Water gymnastics in the basement (approx. 20 min.)  
**09.00 o'clock** - Hiking info point in the hotel lobby (approx. until 09.30 o'clock)  
**10.00 o'clock** - Stand-up paddling  
**11.00 o'clock** - Ladies' sauna in the basement (until 13.00 o'clock)  
**15.00 o'clock & 16.00 o'clock** - Sauna show in the Eventsauna on the 3rd floor  
**20.30 o'clock** - Dance evening at the hotel bar with "Costa"

## Friday, 24th of June 2022

**08.00 o'clock** - Water gymnastics in the basement of the spa (approx. 20 min.)  
**09.00 o'clock** - Hiking info point at the hotel reception (approx. until 09.30 o'clock)  
**10.00 o'clock** - Hiking tour from the Zwölferkopf  
**15.00 & 16.00 o'clock** - Sauna infusion in the Eventsauna in the Sky Spa  
**18.30 o'clock** - **HOUSE-CELEBRATION-DAY - Gala Dinner**  
Family Rieser invites you to the aperitif and afterwards to a 7-course-galadinner

## Saturday, 25th of June 2022

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 20. min.)  
**09.00 o'clock** - Hiking info point in the hotel lobby (approx. until 09.30 o'clock)  
**09.50 o'clock** - Hiking trip to the Dalfaz waterfalls  
**16.00 o'clock** - Infusion in the event sauna in the Sky Spa  
**17.00 o'clock** - Infusion in the event sauna in the Sky Spa  
**19.30 o'clock** - Vocals and sound without amplifiers for dinner with a finale at the hotel bar

## Sunday, 26th of June 2022

**08.00 o'clock** - Water gymnastics in the basement of the spa (duration approximately 20. min.)  
**09.00 o'clock** - Hiking info point in the hotel lobby (approx. until 09.30 o'clock)  
**13.30 o'clock** - Sauna scrub in the basement of the Spa (until approx. 14.00 o'clock)  
**21.00 o'clock** - Black Jack and Roulette evening at the bar

Picture credits: Österreich Werbung, photocase.de; Meteorological data © ZAMG

## Hiking tour to Köglalm

We take the boat to Achenkirch and hike then on a forest path to the Kögel shack. On the top we have a wonderful view of the lake "Achensee" and over the mountains. After a break we go back to the landing place of the boat and take the boat back to the hotel.

**Duration:** 5 1/2 hours  
**Altitude difference:** 500 m  
**Price for the boat trip:** Euro 22,00



## Hiking tour to the Feilkopf

We take a taxi to the Pletzachalm and hike from there towards the Feilkopf, where we will taste a "summit schnapps". Afterwards we go back over the Feilam and along a beautiful forest path back to the hotel.

**Departure:** 10.00 a.m. | **Duration:** 5 hours | **Walking time:** 4 hours | **Altitude difference:** 600 m | **Registration:** until approx. 09.00 a.m. | **Meeting point:** hotel lobby



## Stand-up Paddling

Our vital trainer will show you how it works. The technique is very simple. Furthermore the paddling is a funny workout for the whole body. We will take the city bikes from the hotel and back to Pertisau.

**Duration:** app. 3 hours | **Rental fee:** Euro 12,00 per hour/board | **max. 6 people** -  
**Registration** till 09.00 o'clock necessary!  
**Don't forget your guest card!**



## Valley hike from the Zwölferkopf

First we take the cable car to the Zwölferkopf, where we have a great panoramic view over the Achensee. Now it's an easy walk back down to the valley.

**Duration:** 2,5 hours  
**Price cable car:** 15,00 Euro per person  
**Don't forget your guest card!**



## Guided hiking tour to Dalfazalm (1.690m)

We take the bus to Maurach and then we go up a small path to the cascade of Dalfaz. Afterwards, we hike along a path through the wood directly to Maurach and drive back with the bus.

**Registration till 09.00 o'clock necessary!**  
**Meeting point:** Lobby **Duration:** app. 3 hours  
**Altitude difference:** 200m  
**Don't forget your guest card for the bus!**



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