



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 17th of January to Sunday, 23rd of January 2022

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock  
Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.00 to 21.00 o'clock

**Fridays we have our gala dinner:**

*The Rieser family kindly invites you to have a drink. Please be in time at 18.00 o'clock. Afterwards, you gain an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock

Outdoor pool - from 08.00 to 09.00 o'clock and from 14.30 to 18.30 o'clock

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock

*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C

Brine grotto - ca. 55°C

Finnish sauna - ca. 82°C

Laconium - ca. 38°C to 40°C

Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 09.00 and from 14.30 to 18.30 o'clock

Hot-Whirlpool - from 07.30 to 13.00 o'clock (textile zone)  
from 13.00 - 18.30 o'clock (textile-free)

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textile zones.

Eventsauna - app. 82°C

Bio-Sauna - app. 55°C

Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel  
Familie Steffi und Sepp Rieser  
Karwendelstraße 1 - 6213 Pertisau  
[www.karwendel-achensee.com](http://www.karwendel-achensee.com)





# Event Programm

## Monday, 17th of January 2022

**10.50 a.m.** - Schnapps tasting at the Kostenzer distillery (if not included in the package price Euro 10,00 per person)  
**11.00 a.m.** - Ladies sauna in the basement (until 1.00 p.m.)  
13.30 hrs - sauna peeling in the basement (until 14.00 hrs)  
**4.00 p.m. & 5.00 p.m.** - Automated sauna show in the event sauna on the 3rd floor (without infusion and waving - currently not allowed)  
**19.30 h** - Dance evening with "Pepi" at the hotel bar

## Tuesday, 18th of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**10.00 a.m.** - Snowshoe hike in the Gerntal valley  
**16.00 & 17.00** - Automated sauna show in the event sauna on the 3rd floor (without infusion and waving - currently not allowed)  
**18.30 h** - Tyrolean Stubenmusik without amplifier in our restaurant

## Wednesday, 19th of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**09.30 a.m.** - Hike to the Gramaialm mountain pasture  
**16.00 & 17.00** - Automated sauna show in the event sauna on the 3rd floor (without infusion and waving - currently not allowed)  
**17.30** - Torchlight hike with Jagertee reception on the hotel terrace (approx. 1.5 hours)  
**20.30** - Wine tasting with Dipl. Sommelière Magdalena (Euro 25,00)

## Thursday, 20th of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**10.00 a.m.** - Joint hike for everyone with the Rieser family to Pletzachalm  
**11.00 a.m.** - Ladies sauna in the basement (until 1.00 p.m.)  
**16.00 h & 17 h** - Automated sauna show in the event sauna on the 3rd floor (without infusion and waving - currently not allowed)  
**19.30 h** - Dance evening with "Costa" at the hotel bar

## Friday, 21st of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**09.50 hrs** - snowshoe hike on the Rofan mountain  
**16.00 h & 17 h** - Automated sauna show in the event sauna on the 3rd floor (without infusion and waving - currently not allowed)  
**18.00 o'clock** - House holiday - Gala dinner with the motto "Winter night". The Rieser family cordially invites you to an aperitif followed by a 7-course gala dinner with harp music.

## Saturday, 22nd of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**10.00 am** - Hike to the Zwölferkopf with toboggan ride  
**16.00 h & 17 h** - Automated sauna show in the event sauna on the 3rd floor

## Sunday, 23rd of January 2022

**08.00** - Water gymnastics in the basement (approx. 30 min.)  
**09.00 a.m.** - Hiking info point in the hotel hall (until 09.30 a.m.)  
**13.30 h** - sauna peeling in the basement (until 14.00 h)  
**16.00 h & 17 h** - Automated sauna show in the event sauna on the 3rd floor

## Guided snowshoeing tour for beginners into the Gern Valley

We walk towards the elementary school and there beside a river we start wearing our snow shoes. Along the cross country trail we walk towards the Langlaufstüberl. After a little snack we walk back to the hotel.

**Registration till 09.00 o'clock necessary!**

**Meetingpoint:** Lobby **Duration:** app. 3,5 hours

**Walking time:** app. 2,5 hours

**Rental fee:** Euro 7,50 pro pair + hiking sticks | **Meeting point:** Lobby



## Guided hiking tour to Gramaialm

We hike directly to the Gramaialm and there we will discover the waterfall and forest. After a small snack in the Gramaialm we go back to the hotel.

**Duration:** 5-6 hours



## Hiking tour for everybody with Family Rieser to the Pletzach shack

We hike along the beautiful forest path directly to the Pletzachalm. At the hut we receive a hearty snack, to which the family Rieser invites us.

2-G proof not forgotten!

Duration approx. 4-5 hours | Walking time approx. 3 hours |

Altitude difference: approx. 100m | Meeting point hotel hall



## Snow shoe hiking tour to the Mauritz shack

We take the mountain railroad up to the Rofan. We walk along the Adlersweg in the direction of Grubersee. After a small stop we go back to the hotel by train.

2-G proof + guest card not forgotten! Duration: approx. 4.5 hours | Walking time: approx. 2.5 hours  
Rental fee: Euro 7,50 per pair + poles | altitude difference: 250m

Rofan cable car: Euro 20,50 Registration: until 09.00 a.m. | Meeting point: hotel lobby



## Sledge hike to the Zwölferkopf (1.491m)

We take the cable car to the Zwölferkopf and from there on we go to the 5km far away sledging run. We will slide down on our sledges back to the valley and the hotel.

**Sledge rent for free at the hotel!**

**Duration:** app. 3 hours | **Walking time:** 1 hours

**Registration:** until 09.00 o'clock |

