



**DAS KARWENDEL**

Ihr Wellness Zuhause am Achensee

# Welcome

## Into Wellnesshotel Karwendel

### All at one glance

from Monday, 6th of February to Sunday, 12th of February 2023

#### Telephone

Reception - No. 9  
Vital garden - No. 40  
Bar - No. 65

#### The vital garden - our beauty and spa area

Monday to Sunday - from 08.00 to 19.00 o'clock

#### Mealtimes

Breakfast - from 08.00 to 10.30 o'clock

Afternoon snack - from 13.30 to 16.00 o'clock

Dinner - from 18.30 to 21.00 o'clock

#### Fridays we have our gala dinner:

*The Rieser family kindly invites you to have a drink. Please be in time at 18.30 o'clock. Afterwards, you gain an exquisite 7-course-gala-dinner.*

#### Swimming pool for families

Indoor pool - from 07.30 to 19.30 o'clock

Outdoor pool - from 08.00 to 9 o'clock  
from 14:30 - 18:30

#### Fitness studio

Every day - from 07.30 to 21.00 o'clock

*Children younger than 15 years are allowed to enter this room only in the company of an adult.*

#### Sauna only from 15 years

Every day - from 13.00 to 19.00 o'clock  
If the weather is bad from 11.00 to 19.00 o'clock

We kindly advise you that our sauna is a nude area.

Rock crystal cave - ca. 65°C

Brine grotto - ca. 55°C

Finnish sauna - ca. 82°C

Laconium - ca. 38°C to 40°C

Ice fountain

Please contact us at the reception or vital garden in case you might have any kind of questions.

#### SKYSPA (only from 16 years)

Skypool - from 08.00 to 9 o'clock  
14:30 - 18:30 o'clock

Hot-Whirlpool - from 07.30 to 13.00 o'clock (textile zone)  
from 13.00 - 18.30 o'clock (textile-free)

We kindly inform you that our sauna and the jacuzzi are nude areas. The sky pool and the relaxing rooms are textile zones.

Eventsauna - app. 82°C

Bio-Sauna - app. 55°C

Infrared cabin - app. 39°C

For any questions just contact our staff of the vitalgarden (No. 40)



Das Karwendel

Familie Steffi und Sepp Rieser

Karwendelstraße 1 - 6213 Pertisau

[www.karwendel-achensee.com](http://www.karwendel-achensee.com)



## Monday, 6th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**11:00 - 13:00** Ladies' sauna in the basement  
**15:30** Sauna infusion in the event sauna in the Sky Spa on the 3rd floor  
**16:30** Relaxing sauna infusion in the BIO-Sauna in the Sky Spa  
**17:30** Sauna infusion in the event sauna in the Sky Spa  
**20:30** Dancing evening with "Pepi" at the hotelbar

## Tuesday, 7th February 2023

**15:30** Sauna infusion in the event sauna in the Sky Spa on the 3rd floor  
**16:30** Relaxing sauna infusion in the BIO-Sauna in the Sky Spa  
**17:30** Sauna infusion in the event sauna in the Sky Spa  
**19:30** Vocals and sound without amplifiers for dinner

## Wednesday, 8th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**09:50 - 15:00** Guided snow shoe hiking tour to the Karwendel valley  
**17:00** Sauna for kids with Melanie (without baby-sitting - only with one adult)  
**18:00** Sauna for kids with Melanie (without baby-sitting - only with one adult)  
**21:00 - 22:00** Wine degustation avec Dipl. Sommeliere Magdalena Rieser  
Euro 28,00 per person

## Thursday, 9th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**10:00 - 13:30** Guided hiking tour to the cottage "Pletzachalm"  
**11:00 - 13:00** Ladies' sauna in the basement  
**15:00** Sauna infusion in the Event-sauna in the 3rd floor  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**20:30** Dance evening at the hotel bar with "Costa"

## Friday, 10th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**09:50 - 13:30** Guided hiking tour to the "Notburga" church  
**15:00** Sauna infusion in the Event-sauna in the 3rd floor  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**18:30** Hotel celebration day - gala dinner  
Family Rieser invites you to the aperitif and afterwards to a 7-course-galadinner

## Saturday, 11th February 2023

**08:00** Water gymnastics in the swimmingpool in the basement  
**09:00 - 09:30** Hiking info point with Adrian  
**13:00 - 15:00** Guided bobsleigh tour from mountain Zwölferkopf (1.480m)  
**16:00** Sauna infusion in the Eventsauna in the Sky Spa  
**17:00** Sauna infusion in the Eventsauna in the Sky Spa  
**19:30** Vocals and sound without amplifiers for dinner

## Sunday, 12th February 2023

**13:30 - 14:00** Brody scrub in salt water grotto in the basement  
**21:00** Black Jack and Roulette evening at the bar

## Guided snowshoeing tour into the Karwendel Valley

We walk towards the elementary school and there beside a river we start wearing our snow shoes. Along the cross country trail we walk towards the Langlaufstüberl.

**Don't forget to wear solid and waterproof footwear**

**Duration:** app. 3 hours | **Walking time:** app. 2,5 hours

**Meeting point:** Hotel lobby | **Registration:** until 09.00 a.m.

**Rental fee equipment:** Euro 7,00 per person



## Guided hiking tour to Pletzachalm (1.040m)

We hike along the Seebergsteig in about 1 hour to the sunny Pletzachalm. After a break at the cabin, we go the same way back to the hotel.

**Meeting point:** Lobby | **Duration:** app. 3 hours  
**Registration till 09.00 o'clock necessary!**



## Hiking tour to the Notburga church

We will take the bus to the station "Seespitz". From there on we will hike through the "Lärchenwiese" (meadow) - which offers a fantastic view of the surrounding mountains - to the baroque church of Saint Notburga. After a small break and some sight seeing we will return to Maurach.

**Duration:** approx. 3 hours | **Walking time:** approx. 2 hours

**Altitude difference:** 50m | **Registration:** until 09.00 a.m.

**Meeting point:** Hotel lobby

**Don't forget your guest cards!**



## Sledge hike to the Zwölferkopf (1.491m)

We take the cable car to the Zwölferkopf and from there on we will slide down to the valley on our sledges along the 5km long sledging run and then go back to the hotel.

**Don't forget your guest cards!**

**Sledge rent for free at the hotel!**

**Duration:** app. 3 hours | **Walking time:** 1 hours

**Registration:** until 09.00 o'clock | **Meeting point:** Hotel lobby

